

## SAFETY/LOSS CONTROL GUIDELINES

### DIVIDERS FOR NOTEBOOK:

- 1) Overview
- 2) Club Safety
- 3) LSC Safety Chair
- 4) Warm Ups
- 5) Coaches
- 6) Athletes
- 7) Volunteers
- 8) Facilities
- 9) Open Water
- 10) Miscellaneous/Forms

#### **Chapter 1: Overview**

- 1a Introduction/Purpose of the Manual
- 1b What is USA Swimming & the Safety Education Committee
- 1c What the Manual Can Do for You
- 1d Loss Control & Risk Management Defined

#### **Chapter 2: Club Safety**

- 2a Club Safety Coordinator Job Description
- 2b Legal Issues for USA Swimming Clubs
- 2c Liability Provisions in Club Contracts
- 2d Emergency Action Planning
- 2e Emergency Action Plans
- 2f Facility Survey – move to Chapter 8????
- 2g Hazard Identification
- 2h Safety Inspection Steps
- 2i Hosting a Swim Meet

#### **Chapter 3: LSC Safety Chair**

- 3a Job Description
- 3b The Role of the LSC Safety Chair
- 3c In the Event of an Accident...

#### **Chapter 4: Warm Up Guidelines**

- 4a Procedures
- 4b Duties of the Marshal
- 4c Minimum Requirements for Marshals
- 4d Liability of Marshals

#### **Chapter 5: Safety Considerations for Coaches**

- 5a Safety Curriculum
- 5b Safety Communicating
- 5c Legal Duties of Coaches
- 5d Guidelines for a Safe Environment
- 5e Responsibilities of Coaches

#### **Chapter 6: Safety Considerations for Athletes**

- 6a Risk Management

- 6b Safe Development
- 6c Professional Care as it Relates to Minor Children

**Chapter 7: Safety Considerations for Volunteers**

**Chapter 8: Safety Considerations for Facilities**

- 8a Safety Inventory
- 8b Pool-Specific First Aid Kit
- 8c Hosting a Meet
- 8d Bad Weather Guidelines
- 8e USA Swimming Rules & Regulations

**Chapter 9: Open Water Swimming**

**Chapter 10: Miscellaneous/Forms**

- 10a Miscellaneous
  - Resource List
- 10b Forms
  - Report of Occurrence
  - Parent Sign-Off
  - Medical History
  - Coach Assignment